

[moving
despite borders]

Guidebook



European Humanities University



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**Welcome to
European Humanities
University!**

A Warm Welcome /

**Dear international students,
Welcome! - Добро пожаловать! - Вітаем! - Sveiki atvykę!**

We are delighted to welcome you at the European Humanities University. It is the beginning of a unique period of your life that is going to be full of new meetings, discoveries, orienting yourself in new situations and experiences in a new environment. Most likely, you will face a lot of difficulties and challenges, which means you will definitely develop new skills and strengthen self-confidence. Our international team will make this semester as great and unforgettable as possible. This guide is our first contribution to your experience of staying abroad. We hope that this upcoming period of your life will be indeed unique and full of bright memories.

And now pick your own passion, and join us in bringing new flows in social and academic life of EHU.

EHU INTERNATIONAL TEAM

Introduction /

European Humanities University is a student-centered university for promoting civil society development through Humanities and Liberal Arts for students from Belarus and the region by bringing them together and offering international experience in study quality. The University is oriented at civically-minded students from Eastern Europe, distinguished by a commitment to the European values and Liberal Arts as well as by rich on-campus life and extensive alumni network.

Education at EHU does more than immerse students in a range of subjects and disciplines. It promotes a transdisciplinary approach, critical thinking skills, as well as civic engagement that empower them to develop innovative solutions, ideas, and enterprises.

At EHU, students study media and communication, European heritage, cultural studies, visual design, international law and European Union law, public policy, world politics and economics, and they combine theory and practice through interactive, hands-on learning opportunities. Participation in mobility programs like ERASMUS+ and the right to travel freely within the European Union's visa-free Schengen Area helps students to acquaint themselves with Europe and the benefits of European integration.

Contacts /

Erasmus+ Institutional Coordinator

**17 Savičiaus Str.
01127 Vilnius
Lithuania**

**telephone:
+370 5 263 96 50**

**e-mail:
international@ehu.lt**

en.ehu.lt

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Academic Info

Fall Semester

OCTOBER / JANUARY

Lecture period

DECEMBER 25 / JANUARY 7

Christmas Break

FEBRUARY 1 / FEBRUARY 15

Exams

FEBRUARY 19 / FEBRUARY 28

Winter Break

Spring Semester

MARCH / JUNE

Lecture period

END OF JUNE / MIDDLE OF JULY

Exams

ACADEMIC DEPARTMENT OF SOCIAL SCIENCES

contact person:

Assoc. Prof. Jolanta Bieliauskaitė

e-mail:

jolanta.bieliauskaite@ehu.lt

ACADEMIC DEPARTMENT OF HUMANITIES AND ARTS

contact person:

Assoc. Prof. Aliaksei Makhnach

e-mail:

aliaksei.makhnach@ehu.lt

Evaluation System /

To avoid misunderstandings and problems before your arrival, check the evaluation system of EHU to prepare yourself for a pleasant exchange study.

Evaluation System

10		Excellent performance, outstanding knowledge and skills
9		Strong performance, good knowledge and skills
8	PASSING GRADE	Above the average performance, knowledge and skills
7		Average performance, knowledge and skills with unessential shortcomings
6		Below average performance, knowledge and skills with substantial shortcomings
5		Knowledge and skills meet minimum criteria
4		
3	FAILING GRADE	Knowledge and skills do not meet minimum criteria/ below minimum criteria
2		
1		

Studying at EHU

Orientation Week /

Before you start attending the courses there will be an orientation week organised by your student buddies and Communication and Development Unit.

The program of the orientation week includes activities, events and trips which will be held at the beginning of the semester in order to introduce the university and its activities, as well as Lithuanian national peculiarities to international students. It is an amazing opportunity for exchange students to get acquainted with Lithuanian educational system and to adapt to a new cultural atmosphere before the start of the academic semester and educational process.

The program of activities of the orientation week will be provided by the International Mobility and Alumni Manager.

Checklist /

BEFORE YOUR ARRIVAL

Make sure you have all documents with you:

- Check if you have received the Acceptance letter;
- Learning agreement;
- Make sure you found a place to stay;
- Lithuanian visa (if required);
- Health insurance or European Health Insurance Card;
- ID card or passport;
- Contact your buddy.

FIRST WEEK AT EHU

- Participate in the Orientation Week;
- You can change your courses during the first three weeks - after that no changes are possible.

BEFORE YOU GO HOME

- If you have any documents that need to be signed - bring them to the Erasmus+ Institutional Coordinator or Mobility and Alumni Manager for approval;
- Make sure you passed all the exams;
- The Transcript of Records with your grades will be sent to you by email (scanned version) or directly to your home university 3 weeks after the end of the semester.

REGISTRATION TO COURSES

Students are registered to courses by EHU Mobility and Alumni Manager.

TIMETABLE

Check your EHU email account before arrival to find information about the timetables and academic information.

EHU offers blended learning format for master's degree programs. The blended learning format includes both full-time and distance learning.

Master degree students attend sessions in Vilnius 5 times a year.

CHANGING YOUR COURSES

After the timetable has been sent to you, you will be able to see whether the courses you have chosen overlap with one another, or not. In case they do, you may need to change some of your courses. But before changing your Learning Agreement, you must contact your coordinator at home university to make sure that the new subject suits your study program. Then ask the Mobility and Alumni Manager at EHU if you can choose that course.

Visa Regulations /

Electronic migration services
www.migracija.lt



EUROPEAN STUDENTS

Students with EU nationality do not need a visa to enter Lithuania. Only a valid ID card or passport is required.

If you are staying in the country longer than 3 months, you have to apply at the Migration Office and local authority called Seniūnija for a certificate confirming the right of EU Member State citizen to permanently reside in the Republic of Lithuania.

NON-EUROPEAN STUDENTS

Non-European students must receive a National D-type visa before their arrival to Lithuania.

You should apply for a visa at the Lithuanian embassy or consular office in your home country. Visa is valid for up to 12 months. You will need a mediation letter from European Humanities University confirming your admission to exchange studies. For this purpose please send us a request and a copy of your passport by email: international@ehu.lt.

If the period of stay in Lithuania is longer, an international student is required to receive a permanent residence permit.

Insurance /

European Health Insurance Card

ec.europa.eu/social/main.jsp?catId=559&langId=en



ERGO

www.ergo.lt



Lietuvos draudimas

www.ld.lt



Gjensidige

www.gjensidige.lt



Health Insurance is one of the obligatory requirements for all international students at European Humanities University (EHU) and must be organized before students' arrival. There are two types of Health Insurance recognized in Lithuanian health care institutions:

- **European Health Insurance Card (available for citizens of EU/EEA countries)**
- **Private health insurance**

The insurance must be valid throughout the entire study period and cover any expenses which might arise in connection with repatriation for medical reasons, urgent medical attention, emergency hospital treatment or death during the stay. The minimum coverage of the private insurance must be not less than 30.000,00 EUR.

Please note! The documents must be original and written in English. Documents printed from an email will not be accepted.

International students who need to extend their health insurance while in Lithuania, can address one of these companies:

- **ERGO**
- **Lietuvos draudimas**
- **Gjensidige**

E-MAIL SYSTEM

student.ehu.it

Where you will receive all the information regarding your studies. Please note that this is the only email address where EHU will send all information regarding your studies at EHU.

E-LEARNING SYSTEM

[Moodle.ehu.it](https://moodle.ehu.it)

Where you can view all the courses you will be taking.

The library is open to students of EHU and other universities, as well as other users. University library is located on the first floor of the Campus, room 111.

e-mail:
library@ehu.it

facebook:
EHU library

OPENING HOURS

Monday through Friday:
from 9:00 A.M. to 7:00 P.M.

Saturday:
from 9:00 to 2:00 p.m.

On Sundays, public holidays and the last day of each month, the library is closed.

Students Cards /

ISIC as an officially recognized student card in Lithuania. It offers up to 50% discount on the Lithuanian public transport, plus various other discounts. For more information please see www.isic.org.

WHERE TO GET ISIC CARD?

You can order your ISIC card online or by visiting the nearest ISIC/ITIC issuing office. To get the card you need to bring a copy of your ID card of passport, a small picture and a certificate from EHU which proves your student status. The card will be produced within a few minutes. It is possible to take a photo for ISIC on the spot.

ISIC card price:

- 9 EUR

ISIC with bus card price:

- 10 EUR (top it up every month with 5.80 EUR to renew your student bus ticket).

You can reload it in many kiosks like Narvesen or Lietuvos Spauda. Remember that after reloading the bus card you have to validate it in the bus (each month) by holding it up to the yellow card-reader.

Student Clubs and Organizations /

ERASMUS STUDENT NETWORK

EHU received an official candidate status at ESN Lithuania. More information is available via email ehu@esnlithuania.org

BUDDY PROGRAM

During your exchange period in Vilnius as well as few weeks before your arrival, you will have a buddy - an EHU student - who is always there to help you in various circumstances.

Stay in touch with your buddy from EHU - with their help you can get to know all practical details about your arrival and inform them when and where you plan to arrive. Don't hesitate to call/message your buddy - they will be happy to guide you before and during your stay in Vilnius!

STUDENTS' UNION

EHU Students' Union is an autonomous body of the student government that represents the interests of EHU students both within the University and beyond. More information about the EHU Students' Union is available via email studentcouncil@ehu.lt.

Student Clubs and Organizations /

DEBATE UNION

EHU Debate Union is a community of students, faculty and staff committed to promoting dialogue and debate at the University level in the local community and across the world.

Events:

- **Weekly workshops**
- **The opportunity to attend debating competitions across the world.**
- **Additional advanced training sessions and the opportunity to speak with and learn from some of the top debaters in the European Union, USA.**
- **Regular public debates on topical issues with high-profile guest speakers take place regularly at the University.**

Living in Lithuania

Your best Vilnius guide /

www.inyourpocket.com/vilnius

Climate /

Lithuania has a mix of maritime and continental climate, meaning winters are quite cold and summers are warm. It can get as low as -20 degrees in the winter time, therefore do not forget to pack warm clothing! Raincoats and umbrellas are always a good idea in Lithuania, no matter the season.

Currency & banks /

Since 2015, Lithuania is a part of the Eurozone, so the local currency is the Euro.

In Lithuania most of the internationally recognized banks and credit cards are accepted and widely used in all shops and shopping centres where such method is indicated at the entrance.

Opening a bank account /

Even though you can use ATMs to withdraw the money, you may also want to open a bank account here. If you decide to do so, remember to always have your ID card with you when going to the bank. If you decide to open a bank account, you will need to bring your ID, student card (ISIC) and Student status confirmation.

Note: Please note that you should pay for this 50-100 EUR.

Accommodation /

Please be aware that EHU does not have its own dormitories, therefore it is the students' responsibility to find a place to stay. However, we are always ready to help - please send the request via email international@ehu.lt. We will try to help you.

Most students choose to live in apartments in central Vilnius sharing them with fellow students. If you would like to find an accommodation on your own, please check the information below:

www.aruodas.lt
www.alio.lt
www.domo.plius.lt
www.edomus.lt

The price of the apartments depends on the district and the number of rooms. Rent fee may vary from 200 to 350 EUR.

Utility costs (water, heating, electricity, internet) will add extra 50-100 EUR. Be aware that during the cold season (appr. from mid-October till mid-April) heating price is much higher and utility costs will considerably grow.

Facebook group:
ERASMUS VILNIUS SEARCHING FLATMATES

Transport /

The public transport system in Vilnius is well developed and can help you to get anywhere in town. Most of the buses start running from 5 a.m. (05:00).

First, it is necessary to buy a «Vilniečio kortelė» (a transport card, 1.50 EUR). The card can be used both for single and monthly public transport tickets. Top it up with an appropriate amount of money that can be used for any of the ticket type (described below) or select the ticket type when buying the card. With a valid ticket in the card, when properly activated on board of the public transport, you can also change the bus for free and for an unlimited number of journeys.

To activate the bus card you need to hold it to the yellow card-reading device in the bus.

NOTE: you can use your ISIC card as a bus card if you purchase it in Vilnius.

TICKETS

- A single ticket costs 1 EUR (with student/ISIC card 0.5 EUR) and can be bought from the driver. Don't forget to stamp the paper ticket!
- A 30-minutes ticket costs 0.65 EUR (with student/ISIC card 0.33 EUR) and a 60-minutes ticket costs 0.90 (or 0.45 for students).
- A monthly ticket costs for students 5.80 EUR
- **NIGHT BUSES:** On weekends (every night from Friday to Saturday, from Saturday to Sunday and the night before national holidays), you can use the night bus service. All buses go from 11:30 p.m. (23:30) until 3 a.m. (03:00), every 45-50 minutes, depending on the bus direction.

WEBSITE OF PUBLIC TRANSPORTATION IN VILNIUS

www.vilniustransport.lt/en/

APPS



It is easy and cheap to rent a bike and go wherever you need. www.cyclocity.lt

Health /

National emergency phone number: 112

For health services, you can choose the private medical clinic «Fama Bona» that has an agreement with EHU This makes the process easier and much more convenient than at public medical care institutions:

famabona.lt/en

phone number:
+370 524 607 727

address:
298A Ukmergės Str.

However, your health insurance provides you with a possibility to access any other private or public clinic or hospital of your own choice. The list of medical care institutions:

<https://www.info.lt/rubrika/Medicinos-%C4%AFstaigos-vie%C5%A1osios/100209581>



Mobile network /

In Lithuania we recommend using Pildyk (Tele2) or Ezys (Telia) SIMcards due to their convenient data/calls/sms packages. You can buy these cards in kiosks **Narvesen** or **Lietuvos Spauda**, or in a supermarket.

Calling abroad from Lithuania:

To make an international call, first dial 00, then dial a country (and city) code and then a telephone number.

Calling Lithuania from abroad:

International telephone code of Lithuania: **+370**

Supermarkets /

Normally, supermarkets are open all week from 8 a.m. until 10 p.m. (08:00 until 22:00). Some supermarkets work till midnight. Alcohol is sold till 8 p.m. (20:00) on Mondays-Saturdays and till 3 p.m. (15:00) on Sundays.



Living expenses /

HOUSING:

~70-100 EUR at dormitory and ~150-350 EUR/month in off-campus rooms.

FOOD:

150-200 EUR/month

TRANSPORT:

**6 EUR (student monthly public transportation ticket)
40 EUR (other types of transportation)**

LEISURE:

60-170 EUR

OTHER:

50-100 EUR

**Approximate monthly budget: 400-450 EUR or more
(depending on personal needs)**

Short glossary

**English — Lithuanian —
Russian**

Greeting /

Hello — Sveiki / Labas —
Привет / Здравствуйте [Privet / Zdravstvujte]

Good morning — Labas rytas —
Доброе утро [Dobroe utro]

Good afternoon — Laba diena —
Добрый день [Dobryj den']

Good evening — Labas vakaras —
Добрый вечер [Dobryj vecher]

Good night — Labanakt / Labos nakties —
Спокойной ночи / Доброй ночи
[Spokojnoj nochi/Dobroj nochi]

Goodbye — Viso gero —
До свидания [Do svidanija]

See you — Iki —
Пока [Poka]

Have a nice day — Geros dienos —
Хорошего дня [Horoshego dniija]

Basic Phrases and Words /

Yes — Taip — Да [Da]

No — Ne — Нет [Net]

Thank you — Aciu —
Спасибо [Spasibo]

Please — Prasau —
Пожалуйста [Pozhalujsta]

You are welcome — Prasom —
Пожалуйста [Pozhalujsta]

Sorry — Atsiprasau —
Простите [Prostitute]

What's your name? — Koks tavo vardas?—
Как тебя зовут? [Kak tebja zovut?]

My name is... — Mano vardas... —
Меня зовут... [Menja zovut...]

Where are you from? — Is kur tu esi? —
Откуда ты? [Otkuda ti?]

I'm from... — As esu is... —
Я из... [Ja iz...]

Basic Phrases and Words /

How are you? — Kaip sekasi? —
Как дела? [Kak dela?]

I'm fine — Viskas gerai —
Все в порядке [Vse v porijadke]

Nice to meet you — Malonu susipazinti —
Приятно познакомиться
[Priyatno poznakomit'sja]

I don't understand — As nesuprantu —
Я не понимаю [Ja ne ponimaju]

Where's the toilet? — Kur yra tualetas? —
Где туалет? [Gde tualet?]

I'm a vegetarian — As esu vegetaras —
Я вегетарианец [Ja vegetarianets]

How much is it? — Kiek tai kainuoja? —
Сколько это стоит? [Skol'ko jeto stoit?]

One beer! — Viena alaus! —
Одно пиво! [Oдно pиво!]

Cheers! / Bless you! — I sveikata! —
На здоровье / Будь здоров
[Na zdorov'e / Bud' zdorov!]

Numbers /

1 — Vienas — Один [Oдин]

2 — Du — Два [Dва]

3 — Trys — Три [Tri]

4 — Keturi — Четыре [Chetyre]

5 — Penki — Пять [Pjat']

6 — Sesi — Шесть [Shest']

7 — Septyni — Семь [Sem']

8 — Astuoni — Восемь [Vosem']

9 — Devyni — Девять [Devjat']

10 — Desimt — Десять [Desjat']



Free Time

Lithuanian Food /



Lithuanian cuisine is generally mild. Potatoes and rye bread are the staple foods and pork is the favorite meat, followed by beef and chicken.

DISHES TO TRY:

- **Cepelinai (Big potato dumplings with pork filling and bacon on top)**
- **Šaltibarščiai (Cold beetroot soup)**
- **Potato pancakes (Comes with sour cream souce and/or pork filling).**



CINEMA

Popular and the newest films are always shown at:

- **Forum Cinemas (Akropolis, Vingis)**
- **Multikino (OZAS) - get a discount with you student card!**

Non-commercial cinemas:

- **Skalvija kino centras**
- **Pasaka cinema boutique**

All movies (except animation) in Lithuania are screened in their original language with Lithuanian subtitles. Every month there is a special «movie day» when you can get movie tickets at a 50% discount.

CULTURAL EVENTS YOU MUST VISIT!

- **Shrove Tuesday (Fat Tuesday): February (46 days before Easter)**

An archaic winter festival which marks the end of winter and the beginning of Lent. This holiday is famous for its pancakes served with an abundance of toppings. There is a belief that if you eat many pancakes on Shrove Tuesday, your year will be successful. At the end of the festivities, More (a symbol of winter disasters) is burned on a bonfire and people await the arrival of spring.

- **Kaziukas Fair: First weekend of March**

The fair, which originated from the day of St. Casimir, the guardian of Lithuania, has been in existence for over 400 years. This is the largest occasion for traditional craftsmen to present their work to visitors. It is also a celebration which embraces all areas of the Old Town. Don't miss the chance to visit the biggest international fair in Baltics!

- **Street Music Day: May**

Street Musician Day is an event which unites all who speak the world's most universal language - the language of music. In response to the invitation from the musician and actor Andrius Mamontovas, professional and amateur musicians flood into the streets, yards, parks and squares of Vilnius. Armed with a variety of musical instruments, they play rock, classics, jazz, avant-garde and folklore and beat African rhythms. On this day, all Lithuanian cities and towns engage in festivities of free creation and socialising between musicians and the public.

Entertainment /

- **Sostinės dienos (Capital Days): From the end of August to the beginning of September**

During the Capital Days, Gediminas Avenue fills with festive noise. Traditionally, many art galleries are presented, and ancient crafts demonstrated, performances of music and dance groups are held, and the gallery of international cuisines attracts with its delicious smell. Big concerts take place at Cathedral Square where famous Lithuanian performers perform.

- **Cultural night (Kultūros naktis): June**

During the cultural night, you can find everything from exhibitions and installations in parks, from classical music concerts to electronic music and choirs in churches, and from opera to street theater. Rediscover the spaces of Vilnius that we go past daily. This night they will be filled with events of culture and art.

MUSIC FESTIVALS IN LITHUANIA

- **ROKO naktys (April)**
- **Galapagai Festival (July)**
- **Bliuzo Naktys (July)**
- **Music Festival Grenades Live (August)**
- **Loftas Festival (September)**

CONCERT HALLS

- **Lithuanian National Philharmonic**
- **Congress Concert Hall**
- **Vilnius Teacher's House**
- **St. Catherine's Church**
- **Concert Hall PIANO.LT**
- **Siemens Arena**
- **Ūkio banko teatro arena**

THEATRES

- **Lithuanian National Drama Theatre**
- **Lithuanian National Opera and Ballet Theatre**
- **State Small Theatre of Vilnius**
- **Lithuanian Russian Drama Theatre**
- **Youth Theatre**
- **Oskaras Koršunovas Theatre**
- **Domino Theatre**

CULTURAL AND INFORMATION CENTRES

- **British Council**
- **French Institute**
- **Goethe Institute**
- **Italian Cultural Institute**
- **Japanese Information & Cultural Centre**
- **Nordic Council of Ministers Office**
- **Polish Cultural Institute**
- **Russian Cultural Institute**
- **The American Centre**

Useful Links /

Accurate information on Vilnius attractions, events, restaurants, nightlife, shopping, transportation and much more:

www.vilnius-tourism.lt



Top local tours and activities in Vilnius:

www.likealocalguide.com/vilnius



Foreigners in Vilnius - Facebook group:

<http://www.facebook.com/groups/209733365824002>



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